

# Aurimel®

## DECONGESTANT-NON NARCOTIC SEDATIVE

There are many situations in which cough does not serve any useful purpose and may annoy the patient or prevent rest and sleep. The use of an effective cough suppressant preparation is a necessity in these conditions. Aurimel® is a distinctive antitussive preparation designed specially for this purpose.

### COMPOSITION

Each teaspoonful (5ml) contains:

|                                    |       |
|------------------------------------|-------|
| Dextromethorphan hydrobromide..... | 5mg   |
| Carbinoxamine maleate.....         | 2mg   |
| Phenylephrine hydrochloride..      | 5mg   |
| Sodium citrate .....               | 325mg |
| Excipient q.s.....                 | 5ml   |

In a soothing honey base.

### ACTION

1. Dextromethorphan hydrobromide: Acts centrally to relieve cough. It does not have addictive properties.
  2. Carbinoxamine maleate: An antihistamine, reduces secretion and helps relieve that distressing post-nasal discharge.
  3. Phenylephrine hydrochloride: Acts to open up the air passages by decreasing the swelling in the nose and chest.
  4. Sodium citrate: Helps to break up and liquefy the phlegm and facilitates its expulsion.
- All in a soothing, pleasant tasting natural honey base.

### INDICATIONS

In respiratory tract infections, bronchitis, broncho-pneumonia, tracheitis, measles, whooping cough, chronic cough of smokers when directed by a physician, or other conditions where non-productive cough is undesirable. It will also relieve nasal congestion, sneezing, watery eyes and runny nose accompanying colds.

### DOSAGE AND ADMINISTRATION

Adults: One or two teaspoonful (5-10 ml) four times a day.  
Children 6 to 12 years: One teaspoonful (5 ml) four times a day.

**Do not use in children under 6 years of age.**

### CONTRAINDICATIONS

Hypersensitivity to any of the components of this product. Aurimel should not be taken while you are being treated with a monoamine oxidase inhibitor (MAOI) or within 14 days of stopping such treatment.

### CAUTIONS

Drowsiness is minimal with Carbinoxamine maleate but sensitive patients should not drive a car or attempt work requiring full alertness.

A persistent cough may be a sign of a serious condition.

Do not take this product if you have heart disease, high blood pressure, thyroid disease, diabetes, asthma, glaucoma, emphysema, chronic pulmonary disease, shortness of breath, difficulty in breathing, or difficulty in urination due to enlargement of prostate gland, unless directed by a doctor.

### PREGNANCY AND NURSING

If you are pregnant or are a nursing mother, please consult with your physician prior to using this medication.

### DRUG INTERACTIONS

Please inform your physician of any medications you are taking, including those available without a prescription.

*Phenylephrine hydrochloride:* This drug should not be used with the following medications because very serious interactions may occur: MAO inhibitors (e.g., furazolidone, isocarboxazid, linezolid, moclobemide, phenelzine, procarbazine, rasagiline, selegiline, tranylcypromine).

Avoid taking MAO inhibitors within 2 weeks before, during and after treatment with phenylephrine.

This medication may worsen the serious side effects of some medications used for migraine headaches (e.g. sumatriptan, naratriptan, zolmitriptan, ergotamine).

Dextromethorphan hydrobromide: Dextromethorphan should not be taken with MAOIs or Serotonin reuptake inhibitors (like SSRIs, SNRIs, TCAs, etc.) due to the potential for serotonin syndrome, which is a potentially life-threatening condition that can occur rapidly, due to a buildup of an excessive amount of serotonin in the body.

Carbinoxamine maleate: Antihistamines may enhance the effects of tricyclic antidepressants, barbiturates, alcohol and other CNS depressants. MAO inhibitors prolong and intensify the anticholinergic effects of antihistamines. Sympathomimetic amines may reduce the antihypertensive effects of reserpine, veratrum alkaloids, methyldopa and mecamylamines. Effects of sympathomimetics are increased with MAO inhibitors and beta-adrenergic blockers.

### SIDE EFFECTS

Occasionally causes drowsiness, dizziness, excitation, mental confusion, and gastro-intestinal disturbance. May produce an undesirably high blood pressure with headache, vomiting and rarely palpitations.

### STORAGE CONDITIONS

Do not store above 30°C.

Store in the original package.

**Do not use after expiry date.**

### PRESENTATION

Aurimel® syrup is supplied in bottles of 100 ml.

### This is a medicament

-A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.

- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.

-The doctor and the pharmacist are experts in medicine, its benefits and risks.

-Do not by yourself interrupt the period of treatment prescribed.

-Do not repeat the same prescription without consulting your doctor.

### KEEP MEDICAMENT OUT OF REACH OF CHILDREN

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